

## Grade 7 Student Supplies Checklist

Enrolled in Mr. Paget's Peaks program? Please see the next page instead for required supplies.

### **Backpack Supplies - all clearly labeled with name**

- 1 Medium, 1-inch zippered binder with tabbed section dividers
- 3 Coiled 3-hole punched notebooks, size 8x11 (one for math, science, and humanities)
- 1 Homework folder - durable plastic with pockets works best
- 1 Plastic ruler (metric)
- 1 pencil case - durable fabric with zipper works best
- 1 Water bottle
- 1 Lunch kit Pencil Case Supplies
- 10 Ballpoint pens (blue and/or black, other colours optional)
- 1 HB pack of pencils
- 3 Highlighters
- 1 Pencil sharpener
- 2 White vinyl erasers
- 1 White out tape
- 1 Glue stick
- 1 Pair of scissors (Fiskar, not blunt tips)
- 1 Set of 20-24 pencil crayons (coloured markers optional)

### **Technology Supplies**

- 1 tech device (laptop recommended - see Tech requirements)
- 1 charger for device
- 1 scientific calculator ● 1 set of inexpensive headphones or earbuds Other
- 1 Geometry kit (leave at home until needed)
- 1 Package of lined paper (bring to school)
- 1 Package of graph paper (leave at home)

### **Physical Education (PE) List**

- 1 Complete set of appropriate gym clothing (all labeled with name)
- Westmount PE T-shirt (available to purchase at school for \$15)
- Shorts or track sweatpants
- Indoor running shoes
- Outdoor weather-appropriate footwear

\*Please note that Options teachers may require additional subject-specific supplies.\*\*

Updated June 26, 2024

### **Grade 7 Peaks only students**

Mr. Paget will send out a more comprehensive supply list for each specific trip, but the following pieces will be used at and around the school, and should be at school for the second week of  
Last Updated July 6, 2023

September. A small camp kit will be needed, but particulars will be covered in September before the first trip.

#### **Equipment:**

- 1 Well-fitted bike helmet
- 1 Day pack, 20-30L
- 1 Headlamp (Can wait until first trip in October)
- 1 Ouch kit – small injury treatment, mostly band aids

#### **Clothing:**

- 1 Warm hat
- 1 Pair of gloves for bike riding (not ski gloves)
- 3-4 Pairs of crew length wool socks (Costco is great for these)
- 1 Mid-weight fleece
- 1 good water/wind/snow shell jacket
- 1 Pair of synthetic pants and shorts suitable for trips

#### **School Supplies:**

- 1 Water bottle
- 1 Medium 1 inch zippered binder
- 3 Notebooks - size 8x11
- Selection of pens and pencils
- 2 Erasers
- 1 Calculator
- 1 Set of inexpensive headphones
- 1 Geometry kit

Any questions regarding the Peaks supplies requirement may be sent directly to  
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