

NAME: _____

CLASS: _____



WCS PHYSICAL EDUCATION STUDENT SELF-EVALUATION RUBRIC

Participation 25%	1 Poor	2 Minimal	3 Acceptable	4 Excellent	5 Outstanding
	-Avoids participation -Consistently off task -Just not doing it	-Going through the motions -Only plays the ball when it comes to them	- Sometimes requires prompting -Good effort "if" teacher is watching	- Effort is consistently high -Effort is not linked to the outcome of the activity	-Maximal effort demonstrated at ALL times -High level of cooperation
Attitude 25%	1 Irresponsible	2 Reluctant	3 Involved	4 Self Responsibility	5 Caring
	-Makes fun of others - Frequently not changed - Arrives late - Swears, complains, argues, whines, cheats	- Needs prompting - Follows instructions inconsistently - "If I have to ..." mentality	- Arrives on time and changed -Does not disrupt -Does what is asked	- Responsible for actions - Makes appropriate choices - Helps with set up and take down of equipment	- Helps others - Genuine concern for others - Makes others look good - Initiates actions
Sportsmanship 25%	1 Poor	2 Minimal	3 Acceptable	4 Excellent	5 Outstanding
	- Concern for self only - Criticizes teammates - Uses foul language	- Displays frustration - "Bends" rules to suit own needs - Complains about others not following the rules	- Encourages teammates - Follows the rules - Plays fair most of the time - Follows the rules	- Encourages friends regardless of winning or losing - Exhibits fair play at all times	- Cheers for good plays and players, even by opponents - Invites all others to participate - Instills fair play in others
Skill 25%	1 Poor	2 Developing	3 Proficient	4 Excellent	5 Outstanding
	- Skills are inadequate with little or no skill development or improvement - Inability to demonstrate knowledge/understanding of key concepts	- Challenged in performing basic skills and strategies - Inconsistent performance and effectiveness	- Shows definite skill development - Demonstrates basic skills with relative ease -Consistent in performance and effectiveness	- Skill development is refined in most areas - Meeting challenges of higher level skills - High level of understanding of concepts	- Level of mastery achieved in skill development - Exceptional understanding of skills and strategy

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WCS PHYSICAL EDUCATION STUDENT SELF-EVALUATION RUBRIC 2014-2015



Module	Participation 25%	Attitude 25%	Sportsmanship 25%	Skill 25%
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HEALTH - Wellness				
HEALTH - Sexual Education				