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T2N 4Y3 (Mid-High)
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Dear Parents/Guardians:

One of the main responsibilities of the Physical Education Department is to cover the health curriculum. There are many topics and themes in health, including personal health, safety and responsibility, relationship choices, learning strategies and career development.

Please note that out of the numerous learning objectives within the curriculum, Alberta Education highlights specific outcomes related to sexual education. Below are the following objectives to be addressed per grade:

Grade 5:

- identify the basic components of the human reproductive system, and describe the basic functions of the various components; e.g., fertilization, conception
- recognize and accept that individuals experience different rates of physical, emotional, sexual and social development

Grade 6:

- Identify and describe the stages and factors that can affect human development from conception through birth
- Reexamine the basic components of the human reproductive system, and describe the basic functions of the various components; e.g., fertilization, conception
- Discuss the process of puberty and the changes associated with it.

We will be covering these objectives in the year. You have the right to exempt your child from the above topics. If you do choose to exempt your child, we will provide alternative work during these periods.

Please sign and have your child return the form **to their PE teacher**.

Thank you,
PE Department

I, _____ (name of parent/guardian), understand that topics related to sexual education will be covered in physical education as part of the health curriculum. I have chosen to have my child, _____ (name of student):

Please check one of the following:

- Take part in the health classes concerning these topics.
- Be exempted from the health classes concerning these topics

Parent Signature: _____ Date: _____